

SO-WELL-AWARE Erasmus+ Project

Raising awareness for school well-being: Training primary and secondary teachers how to monitor emotional wellbeing, social inclusion and academic self-concept of students



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01. Introduction

- Aim:** Enhance teachers' skills in **assessing** and **promoting** student **well-being** in inclusive schools.
- Tools:** Provides an easy-to-use **online assessment tool**, an **online manual**, and a **training package**.
- Focus:** Supports students at **risk of low well-being**.
- Goal:** **Promote** student well-being to **reduce** educational inequalities and **support** holistic development.
- Scope:** Fosters **inclusive** and **effective educational environments** across **four** European countries.

02. Objective

- To enhance teachers' skills in **assessing** and **promoting** students' **well-being**.
- To develop and implement an **online assessment tool** for measuring student well-being.
- To create a **teacher training package** to support teachers in using the **tool** and implementing well-being **promotion strategies** in classrooms.
- To enhance teachers' **ICT skills** through the use of **digital resources** in education.

03. Work Packages (WP) & Application

WP2: Online Tool & Manual
Assess student well-being with a 6-week classroom application of the tool to monitor student/teacher perspectives.

WP3: Promotion Package
Provide well-being strategies (fact sheets, booklets) for teachers to implement alongside the tool during the 6-week classroom period.

WP4: Teacher Training Package
Train teachers on the tool and well-being strategies in a 1-session workshop, followed by classroom application and a post-workshop feedback review.

WP5: Evaluation Package
Collect feedback from teachers and students through focus groups and questionnaires to assess impact and refine materials.

04. Material

Manual

Booklets

- ## 05. Impact and Expected Outcomes
- Impact on Teachers:** Gain digital skills and tools for assessing and promoting student well-being.
 - Impact on Students:** Benefit from improved emotional well-being and inclusion.
 - SO-WELL-AWARE Package:** Openly accessible, shared with schools, education networks, ministries, and UNESCO.

- ## 06. Conclusion
- Bridges research and practice by equipping teachers with tools and training to support student well-being.
 - Integrates digital tools with evidence-based practices.
 - Fosters inclusive and effective educational environments.